

CPR/First Aid Training

Forsyth County Emergency Services EMS personnel will be offering free classes covering the following emergencies and skills:

- Hands-only CPR
- Automated external defibrillators
- Choking – airway management
- Basic first aid
- Stroke recognition
- Medical emergencies
- Overdoses and Narcan

This class is excellent for teens and adults. This class will be for knowledge only and will not provide professional certification cards. Come learn how to be the difference and how to save a life!

Dates and locations

All trainings are from 6-7:30 p.m. unless otherwise indicated.

Mon., Feb 17: Walkertown Branch Library

Mon., March 3: Paddison Memorial Branch Library

Sat., March 8: Reynolda Manor Branch Library (10-11:30 a.m.)

Mon., March 17: Malloy/Jordan East Winston Heritage Center

Mon., March 24: Lewisville Branch Library

Mon., March 31: Forsyth County Central Library

Mon., April 7: Clemmons Branch Library

Mon., April 14: Rural Hall/Stanleyville Branch Library

Mon., April 21: Carver School Road Branch Library

Mon., April 28 Southside Branch Library



Forsyth County Public Library
660 W. Fifth St., Winston-Salem, NC 27101
336-703-2665

